



7999 W. Virginia Blvd. Dallas, TX 75237 817-375-5200 Cbell@arlingtonortho.com

EDUCATION

- Residency, Department of Orthopedic Surgery: University of Texas Medical Branch (Galveston, TX) 2000-2004
- Internship, Department of General Surgery: University of Texas Medical Branch (Galveston, TX) 1999-2000
- Fellowship in Sports Medicine Arthroscopy: **Baylor medical Center** (Dallas, TX)1998-1999
- Doctor of Medicine: University of Texas Medical Branch (Galveston, TX) Honors, Top 10% of Class. 1994-1998
- B.S., Biology/Chemistry: Stephen F. Austin State University (Nacogdoches, TX) 1989-1993

CERTIFICATION & LICENSURE

- Maintenance of Certification, American Board of Orthopaedic Surgeons, 1/1/2016
- Board Certification, American Board of Orthopaedic Surgeons, 7/28/2006
- State Licensure, Texas Medical Board, since 1998

HONORS & AWARDS

- Diplomate, American Board of Orthopaedic Surgery, since 2006
- Active Fellow, American Academy of Orthopaedic Surgeons, since 2006
- Candidate Member, American Academy of Orthopaedic Surgeons, 2004-2006
- Resident Member, American Academy of Orthopaedic Surgeons, 1999-2004
- Voted by peers, *D Magazine* Best Doctors in Dallas, 2017 & 2018
- Voted by peers, Charlton Methodist Outstanding Surgeon, 2018
- Healthgrades Recognized Designation and Honor Roll, current
- United Healthcare Premium Designation for quality and cost effective care, current
- Clinical Faculty Instructor, Methodist Family Medicine Residency Program, since 2004
- Orthopedic In-Training Exam, highest overall percentile, UTMB, 2004
- Orthopedic In-Training Exam, top 15% nationally, 1999-2003
- AAOS Resident liaison Group, 2002-2004
- Representative to AOA Resident leadership Forum, 2002
- Alpha Omega Alpha, National Medical Honor Society, 1997
- **Dean's list**, each semester while attending UTMB, 1994-1998
- Alpha Chi, National Honor Scholarship Society, SFASU, 1992

PROFESSIONAL ORGANIZATIONS

- American Academy of Orthopaedic Surgeons
- Texas Medical Association
- Dallas County Medical Society

SELECTED COURSES &

SPECIALIZED TRAINING

- Stryker Makoplasty Robotic Assisted Knee Replacement, Dallas, TX, 2016
- AAOS Maintenance of Certification Course, Boston, MA, 2014
- MedActa Anterior Minimally Invasive Surgery Hip Replacement, Dallas, TX, 2014
- Biomet Oxford Advanced Partial Knee Replacement, Miami, FL, 2013
- Tornier Shoulder Arthroplasty, Houston, TX, 2008
- Carticel: Autologous Chondrocyte Replacement, Galveston, TX, 2002
- MicroAire Endoscopic Carpal Tunnel Release System, Galveston, TX, 2002
- Enneking Musculoskeletal Tumor Course, Jacksonvi lle, FL, 2002
- Orthopedic Trauma Association Basic Fracture Course, Scotsdale, AZ, 2000

PROFESSIONAL INTERESTS

- General Adult and Pediatric Orthopedics
- Sports Medicine and Arthroscopic Surgery of the Knee and Shoulder
- · Hip and Knee Replacement Surgery
- Orthopedic Trauma and Fracture Care
- Hand and Wrist Surgery
- Endoscopic Carpal Tunnel Surgery
- Foot and Ankle Surgery
- Sports Medicine Team Physician for local School Programs

CURRENT HOSPITAL AFFILIATIONS

- Baylor Scott & White Orthopedic and Spine Hospital at Arlington Active Privileges
- Methodist Health System Active Privileges
- Pine Creek Medical Center Active Privileges

EMPLOYMENT

- AOA Orthopedic Specialists, P.A., Dallas, TX 2019-Present
- Southwest Orthopedics and Sports Medicine, P.A., Dallas, TX, 2004-2019
- Orthopedic surgical resident, UTMB, Galveston, TX, 1999-2004
- Emergency room moonlighting physician, UTMB, Galveston, TX, 2000-2003
- Orthopedic fellow, BUMC, Dallas, TX, 1998-1999
- Surgical orderly, Harris Methodist Hospital, Bedford, TX, 1993-1994
- Academic assistant and tutor, SFA State University, Nacogdoches, TX, 1991-1993
- Head lifeguard and pool manager, Crown Colony Country Club, Lufkin, TX, 1986-1992

RESEARCH, PRESENTATIONS

&PUBLICATIONS

Bell, C.: Advanced treatment of orthopedic knee conditions. Methodist Patient Centered ACO Online Learning Collaborative Presentation, Dallas, TX, 2017.

Bell, C.: Recent advances in orthopedic surgery. Presented at Methodist Medical Staff Meeting CME Program, Dallas, TX, 2011.

Bell, C.: Shoulder injuries and the adult athlete. Presented at Methodist Hospitals of Dallas Health Happenings Seminar, Dallas, TX, 2005.

Bell, C. and Carmichael, K.: Volar perilunate trans-scaphoid fracture-dislocation in a skeletally immature patient. *Orthopedics*, 2005;28(1):69-70.

Bell, C. and Ca Ihoun, J.: Proximal extent of the tibiotalar joint capsular reflection: ananatomic study in cadavera. Presented at Eggers Society Meeting, Galveston, TX, 2004.

Bell, C.: Clinically relevant pelvic and hip anatomy and surgical exposures. Presented at University of Texas Medical Branch Orthopedic Grand Rounds, Galveston, TX, 2003.

Bell, C.: Volar perilunate trans-scaphoid fracture-dislocation in a skeletally immature patient. Presented at Texas Orthopedic Association Annual Meeting, Austin, TX, 2003.

Bell, C.: Motor milestones delays in children with spondyloepiphyseal dysplasia congenital. Presented at University of Texas Medical Branch Orthopedic Research Symposium, Galveston, TX, 2002.

Bell, C., Trevino, S. and Buford, W.: Comparison of three cortex versus four cortex screw fixation of the distal t ibiofibular syndesmosis. *Galveston Ortho J*, 2001;3:42-45.

Bell, C. and Jackson, R.: What's new in orthopedic surgery? A review of major breakthroughs and advances in orthopedics. *BUMC Proceedings*, 1999;12:121-125.

Bell, C., Koeter, S. and Jackson, R.: Fabellar pain after total knee arthroplasty. *Am J Knee Surg*, 1999;12(3):172-174.

Jackson, R. and **Bell**, C.: Nonthermal tissue welding of avascular meniscal tears using photodynamic dye and laser. Research at Baylor University Medical Center, Dallas, TX, 1999.

PERSONAL

- Husband and father of 3 children
- Hobbies include: music, sports/outdoor activities, woodworking and computer tech.
- Native Texan