
CURRICULUM VITAE

DONALD S. STEWART M.D.
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EMPLOYMENT

2011-present Arlington Orthopedic Associates P.A. Arlington, TX
Board Certified Orthopedic Surgery and Foot and Ankle and Lower Extremity
Reconstruction
Practice Includes Subspecialty Orthopedic foot and ankle and lower extremity
reconstruction. Also practice general orthopedic trauma

2008- 2011 UNT Health Science Center Fort Worth, TX
Assistant Professor in Orthopedic Surgery
Specialty Foot and Ankle and Lower Extremity Reconstruction
Chairman: David M Lichtman M.D.

EDUCATION

2010 Board Certified Orthopedic Surgery and Foot and Ankle Surgery

2010 Advanced Taylor Spatial Frame Training Pretoria, South Africa
One week course for evaluation and management of complex limb salvage
problems using computer assisted multiplanar external fixators

2008 AO Fellowship Dresden, Germany
Two month fellowship with Dr. Zwipp/ Rammelt
Focus on lower extremity trauma and posttraumatic
reconstruction

2007-2008 Foundation Orthopedic Athletic and Reconstr. Research Houston, TX
Fellowship in Foot and Ankle Surgery
Director: Thomas O. Clanton M.D.
Contact: 713-799-2429

2002-2007 Scott and White Hospital Temple, TX
Orthopaedic Surgery Residency Program
Chairman: Robert A. Probe M.D.
Contact: 254-724-6734

1998-2002 UT Southwestern Medical School Dallas, TX
Degree: Medical Doctorate

Honors: Alpha Omega Alpha

1994-1998 Texas A&M University College Station, TX
Degree: Bachelor of Science in Biomedical Science
Honors: Summa Cum Laude

PUBLICATIONS

- 2016 Cromeens, Stewart, et al. An Attachment-Based Description of the Medial Collateral and Spring Ligament Complexes. *Foot and Ankle International*. Vol36(6) 710-721.
- 2013 Brinker. *Review of Orthopedic Trauma*. Primary author for chapter on Injuries of the Ankle and chapter on Injuries of the foot.
- 2012 Chaput, Dangott, Rahm, Hitt, Stewart, Sampson. A proteomic Variation Between Osteopenic and Age-matched Control Bone Tissue. *Experimental Biology and Medicine* 00: 1-8, 2012.
- 2011 Cromeens, B; Patterson R; Sheedlo H; Motley T; Stewart D.: Association of hindfoot ligament tears and osteochondral lesions. *Foot Ankle Int*. 32:1164-1174, 2011.

RESEARCH UNPUBLISHED

- 2016 Arlington Ortho Associates Arlington, TX
Biomechanical Study on Fixation of Syndesmotic Injuries with Ultrasound Evaluation
- Sequential fixation with tightropes and internal brace
 - Goal is to restore rotation to normal physiology
- 2005 Shriner's Hospital Houston, TX
Effect Of Lateral Column Lengthening and Medial Column Stabilization on Foot Pressures in Cerebral Palsy
- Analyzing foot pressures after surgery for pes planovalgus deformity and comparing to pre-operative foot pressures
 - Podium presentation at AAOS
- 6/97-8/98 UT Southwestern Medical Center Dallas, TX
Molecular and Cell Biology Department – Undergraduate Research Fellow
- Isolation of a promoter sequence in *Drosophila melanogaster* for signaling apoptosis

PRESENTATIONS/ TEACHING/ SPEAKERSHIPS

- 2016-present Arthrex Speaker and Laboratory Instructor
- Focus on sports injuries and foot and ankle reconstruction
- 2014-present Work Twice Weekly with Orthopedic Residents John Petersmith Hospital
- Residents assist in clinic and operating room
 - Provide Grand Rounds and Lecture three times a year
- 2010-present Course Instructor Smith Nephew TSF

- Lecture Presentation and laboratory assistance for multiplanar external fixators/ Taylor Spatial Frames
- 2008-2010 AO Instructor for Synthes
- Focus is on trauma reconstruction foot and ankle
- 2007 AAOS Podium Presentation
- Effect Of Lateral Column Lengthening and Medial Column Stabilization on Foot Pressures in Cerebral Palsy

EXPERIENCES

- 2011-present Baylor Orthopedic and Spine Hospital
- Director of Foot and Ankle
- 2015-2018 TCU Athletics
Assistant Team Physician/ Orthopedic Foot and Ankle
- 2007-2008 Assistant Team Physician for the Houston Rockets Houston, TX
- Assist with care of professional athletes in the training room and during games
- 2007-2008 Foundation Orthopedic Athletic and Reconstruction Research
Assistant Team Physician for Rice Athletics
- Game coverage and athletic care for football, volleyball, basketball, soccer
- 1999, 2001 UT Southwestern Department of Anatomy Dallas, TX
Teaching Assistant
- 1999-2001 Camp Sweeney Diabetic Education Camp Gainesville, TX
Medical Staff
- Care and education of diabetic children included monitoring and adjusting daily insulin regimens and general and emergency pediatric care
- 1997-1998 Texas A&M Department of Physiology College Station, TX
- Teaching Assistant
- 1996 Dr. Steven Walters DDS/OMFS Arlington, TX
- Surgical Assistant

VOLUNTEER

- 2015, 2016 Irving Marathon
Orthopedic Physician
- 2012-present Faith In Practice

Orthopedic Medical Staff for Mission trips to Antigua Guatemala

- Annual one week mission trips focused on complex foot and ankle problems

2007-2008	UT Houston Assistant Team Physician for Rice Athletics and Houston Rockets	Houston, TX
2006	Scott and White Hospital Physician <ul style="list-style-type: none">▪ Sports medicine talks for personal trainers	Temple, TX
2002-2003	Scott and White Hospital Team Physician local high schools	Temple, TX
2001-2005	Scott and White Hospital Physician <ul style="list-style-type: none">▪ Participate in high school physicals 2-3 times per year	Temple, TX
1999	UT Southwestern Medical School Member of Welcome Committee <ul style="list-style-type: none">▪ Attended all interviews and set up interview lunches	Dallas, TX
1994-1997	Texas A&M Bonfire Building Crew Member <ul style="list-style-type: none">▪ Participated 50-60 hours each fall in cutting trees and building bonfire for the rally before the Texas A&M and University of Texas football game	College Station, TX

OTHER AWARDS

Eagle Scout, Boy Scouts of America 1993

CAREER INTERESTS

Work with residents and medical students as a mentor so they may gain experience in both orthopedic and patient care

Participate in medical Mission trips outside of the US to provide basic orthopedic care; my goal is to volunteer for one trip a year.

Advance the field in Foot and Ankle sports medicine through research

SPECIALTY INTERESTS

Reconstructive Foot and Ankle Surgery

Blend of sports medicine oriented as well as trauma and hindfoot/ midfoot reconstructive

Interest in Ilizarov and AO applications to trauma

Sports Medicine

Assist with high school and collegiate athletics for foot and ankle injuries

Trauma

complex lower extremity trauma as, especially the ankle and foot
Deformity correction
Limb salvage

PERSONAL LIFE

Place of Birth: Fort Worth, Texas
Married May 24, 2003 to Samantha Stewart (pharmacist)
Adopted Matthew Stewart 2013
Adopted Mia Stewart 2016

OUTSIDE INTERESTS

Travel
Running- completed Austin Marathon 2008; completed Spartan races 2011, 2012, and Trifecta 2015
Camping and Backpacking
Crossfit
Olympic Lifting
Cars
Movies
Nutritional Science and metabolic disorders
Movement disorders and how they relate to injury and rehab