



Joseph H. Kay, Jr., M.D.

Joseph H. Kay, Jr., M.D. earned his undergraduate degree at the University of Tennessee and earned his medical degree at Ross University School of Medicine in Portsmouth, Dominica.

Dr. Kay specializes in non-operative management of musculoskeletal disorders and injuries. His focus on sports medicine includes a special interest in golf-related injuries, rehabilitation and performance enhancement, as well as other sport-related injuries. He has extensive experience in non-operative spine disorder and pain management, including interventional procedures. His expertise in electrodiagnostic medicine (EMG and nerve conduction studies) is valued for the diagnosis and treatment of nerve injuries and neuromuscular disorders.

License:

- Tennessee State Board of Medical Examiners 6/97
- Texas State Board of Medical Examiners 8/95
- Arkansas State Board of Medical Examiners 9/92

Education

- College: The University of Tennessee, Knoxville, Tennessee 1981-1986
- Medical School: Ross University School of Medicine, Portsmouth, Dominica 1987-1991
- Internship: Internal Medicine, Methodist Hospital, Memphis, Tennessee 1991-1992
- Residency: The University of Texas, Southwestern Medical Center, Dallas, Texas 1992-1995 Physical Medicine and Rehabilitation

Board Certifications

- Diplomate, American board of Physical Medicine and Rehabilitation 5/96
- Fellow, American Academy of Physical Medicine and Rehabilitation 10/96
- Fellow, Physiatric Association of Spine, Sports, and Occupational Rehabilitation (PASSPR) 11/97

Professional Status

- Physiatrist, Arlington Orthopedic Associates, Arlington, Texas 7/00-present
- Medical Director and Camp Physician, Camp I-Thonka-Chi, Parkland's Summer Camp for Burn Injured Children 5/93-present
- Assistant Clinical Professor of Physical Medicine and Rehabilitation, The University of Texas Southwestern Medical Center, Dallas, Texas 7/97-present

Previous Positions

- Medical Director, Rehab Care Center, Arlington Medical Center, Arlington, Texas 7/00-2008
- Physiatrist, Hovis Orthopaedic Clinic, Knoxville, Tennessee 7/97-6/00
- Physiatric Consultant, Rehab Care Center at Lakeway Regional, Morristown, Tennessee 6/98-7/00
- Advisory Board Member for The Arthritis Foundation, The Smokey Mountain Chapter, Knoxville, Tennessee 11/97-6/00
- Assistant Professor of PM&R, The University of Texas, Southwestern Medical Center, Dallas, Texas 8/95-6/97
- Joint Appointment in the Orthopaedic Surgery Dept. for Non-Operative Spine Care, The University of Texas, Southwestern Medical Center, Dallas, Texas 2/97-6/97
- Assistant Medical Director of PM&R, Parkland Memorial Hospital, Dallas, Texas 12/95-6/97
- Medical Director of PM&R, Parkland Memorial Hospital, Dallas, Texas 8/95-6/97
- Physiatric Consultant, Eugene McDermott Pain Management Center, The University of Texas, Southwestern Medical Center, Dallas, Texas 8/95-6/97
- Physiatric Consultant, Adult Muscular Dystrophy Clinic, The University of Texas, Southwestern Medical Center, Dallas, Texas 8/95-2/97
- Chief Resident and Clinical Instructor, The University of Texas, Southwestern Medical Center, Dallas, Texas 3/94-6/95

Honors & Awards

- American Academy of PM&R, Residency Program Council Representative, The University of Texas, Southwestern Medical Center, Dallas, Texas 93-94
- Intern of the Year, Methodist Hospital of Memphis 91-92